

A SANCTUARY OF  
THE SENSES



S A X O N  
S P A

## STEP INTO THE SAXON SPA

Step into the Saxon Spa, an oasis nestled in its unique surroundings. Cascading water features, a signature fireplace and influences of copper and Himalayan salts set the backdrop for a restful journey. This metropolitan spa offers holistic disciplines of a spa journey, giving our guests time to rediscover a healthy and discerning lifestyle.

With its soothing water features, striking fireplace and healing influences of copper and Himalayan salts, the Saxon Spa provides the perfect setting for physical and mental rejuvenation. These healing natural elements have been strategically integrated into the spa's luxurious design to promote vitality and balance.

Every treatment room is ionised by a locally hand-crafted Himalayan salt chandelier, which purifies the surrounding air. Copper is a healing metal that has been used for thousands of years for its healing and energy-boosting properties. The soothing sounds of flowing water from the water features and hydro facilities add to the tranquil atmosphere of the spa.

The uplifting aromas of the Saxon Spa's signature scent will surround you throughout your spa journey. The revitalising scent blends therapeutic notes of rosemary, eucalyptus, rose and jasmine petals, pomegranate blossoms, musks, cedarwood and sandalwood.

From the healing Digital Detox Journey and the therapeutic sounds of our Signature Mindfulness Journeys, to the stress-relieving Rasul Spa Ritual, the Saxon Spa's Signature Therapies are a unique collection of the ultimate rejuvenative journeys. Combining the healing wisdom of ancient rituals with the modern edge of luxury spa products, each of these holistic Signature Therapies will engage all of your senses and restore balance to your mind, body, and spirit.

To start your relaxation process, each spa therapy or treatment journey begins with a welcoming milk foot ritual to soak away your day-to-day stresses. Your spa journey can be further personalised by selecting your choice of background music.



IMMERSE YOURSELF IN THE SERENITY OF OUR SANCTUARY

# PRICE LIST

## Saxon Signature Journeys

Revitalizing Coffee and Rosemary Soul by Saxon Journey - NEW Full Body Scrub with Coffee and Rosemary Scrub, Coffee Clay Wrap Treatment followed by Full Body Massage with Rosemary and Coffee Massage Oil	90 min	R3100
Sound and Somatic Journey – NEW Begin your bespoke sound experience with an in-depth consultation. This tailored session is designed to harmonize your needs with the expertise of your master practitioner to ensure the creation of a conscious connection and a transformative healing journey.	75 min	R2500
Luxury Soul By Saxon Journey Full Body Scrub with Moringa Scrub, Red African Mud Treatment followed by Full Body Massage with Marula/Cape Geranium Oil	1 hr 45 min	R2 900
Saxon Himalayan Signature Journey Full Body Scrub with Himalayan Scrub followed by Full Body Massage using hot Lava Stones and cold Rose Quartz	90 min	R2 450
Soul By Saxon Mother-To-Be Journey - NEW Full Body Exfoliation with New Soul By Saxon Omega Exfoliation, followed by bespoke designed Mother-To-Be Massage with Soul By Saxon Mother-To-Be Oil rich in Omega and Vitamin E and Application of Soul By Saxon Tummy Rub	90 min	R2 450
Saxon Digital Detox Journey Full Body Exfoliation using Himalayan Scrub followed by a Deep Tissue Massage combined with Bellabaci Cupping	90 min	R2 450
The Rasul Spa Ritual Self-application ritual in the unique Rasul Chamber	45 min	R940
Sleep Therapy	60 min	R1 160
Sleep Therapy in a flotation bed with Colour Therapy	90 min	R1 580
Mindfulness Full Session	45 min	R1 030
Hammam Savoir Noir Black Soap cleanse in the Hammam Suite combined with Detoxifying Steam	45 min	R1 500
Soul Rejuvenation Hammam Journey - NEW Full Body Exfoliation with Soul By Saxon Citrus Scrub, Vichy Shower, Charcoal Mask Application, Steam and back of Body Massage with Lemongrass and Ginger Oil	75 min	R2 500

## Couple's Journey

Time Together Package 2 Rasul Spa Rituals 2 Massages of your choice	1 hr 45 min	R5 340
The Heaven on Earth Couple's Package Classic Facial, any 60 minute Massage, Pressure Point Foot Massage, 60 minute using Heaven on Earth Journey, Sparkling Wine and 1 Platter for two	3 hrs 30 min	R11 630

## Saxon Signature Spa Packages

Soul By Saxon Hammam Signature Package - NEW Hammam Rejuvenation Detox Journey, Sleep Therapy, Lunch, Juice	2 hrs 25 min	R4 280
Digital Detox Package 60 minute Sleep Therapy, Saxon Digital Detox Signature Journey, Lunch, Juice	2 hrs 30 min	R4 220
Journey to Body Glow Package Body Therapy Scrub, Hot Stone Massage, Classic Facial	2 hrs 30 min	R4 680
Luxury Soul By Saxon Signature Package - NEW 60 minute Sleep Therapy, Lux Soul By Signature Journey, Lunch	2 hrs 45 min	R4 560
Revitalizing Coffee and Rosemary Package - NEW Coffee and Rosemary Signature Hammam Journey, Saxon Luxury Pedicure and Lunch	3 hrs 30 min	R4 600
Journey to Body Rejuvenation Package Soul By Saxon Invigorating Oil Wrap, any 60 minute Massage of your choice, Classic Facial, Saxon Luxury Pedicure, Lunch	5 hrs	R6 520
Journey to Complete Restoration Package Classic Facial, any 60 minute Massage of your choice, Saxon Manicure, Saxon Pedicure, Lunch	5 hrs	R5 420
Saxon Signature Package LING NY C' The Difference Facial, Saxon Himalayan Signature Journey, Saxon Luxury Manicure, Saxon Luxury Pedicure, Lunch	5 hrs 30 min	R8 000
Men's Executive Package LING NY Charcoal Detox Facial 90 minutes, Deep Tissue Massage 60 minutes, Pressure Point Foot Massage	3hrs 25 min	R5 240
Soul By Saxon Mother-To-Be Signature Package Soul By Saxon Mother-to Be Pregnancy Journey, Saxon Luxury Pedicure, Lunch	3 hrs 30 min	R3 750

Our state-of-the-art facilities, both indoors and outdoors, are available to guests joining us for therapies as well as those staying in-house. In order for guests to fully enjoy our facilities, we ask you to book a 60 minute slot when booking your treatment at the Spa. Facilities are unisex and appropriate swimwear must be worn at all times. Please note no photography is allowed in Spa areas. Package Massages exclude LING NY Wellness Massages. The Rasul chamber is an upgrade to a massage and cannot book as a stand alone treatment.

## Facials

### LING NY Facials

Wow Triple Peel Facial	90 min	R2 840
Ginseng Herbal Facial	90 min	R2 840
Charcoal Detox Facial	90 min	R2 840
Sparkling O2 Facial	90 min	R2 840
C' The Difference Facial	60 min	R2 230
Vitamin K Facial	60 min	R2 230

### LING NY Facials - using Energy Lift

Energy Lift Complete Facial	2 hrs	R3 840
DNA Do Not Age Facial	90 min	R3 220

### QMS Medicosmetics Facials

Deep Pore Cleanse	60 min	R1 870
Activator Facial	60 min	R2 280
Collagen Rejuvenating Facial	75 min	R2 280
Urban Repair Facial	75 min	R2 280
Neo Tissuedermie Facial	75 min	R2 280
SK Alpha Revital Facial	60 min	R2 280
Skin Cell Renewal Facial	75 min	R2 280
Skin Ion Equaliser Facial	90 min	R2 400
Oxygen Facial	90 min	R2 400
Oxygen Pigment Corrector Facial	75 min	R2 280
Lux Collagen Recovery Facial	90 min	R2 700

### Elemis Facials

Experience our Elemis Facials one last time before they are gracefully retired from our offerings from September. Savour this final opportunity to experience unparalleled rejuvenation and elegance.

Elemis Classic Facial	60 min	R1 780
Pro-Collagen Age Defy Facial	60 min	R2 200
Vegan Superfood Pro-Radiance Facial	60 min	R2 200
High-Performance Skin Energiser for Men	60 min	R2 000
Sensitive Skin Soother	75 min	R2 200

## Massage Therapies

Classic Swedish Massage	60 min	R1 760
	90 min	R2 360
Aroma Hot Stone Massage	60 min	R1 800
	90 min	R2 550
Aromatherapy Massage	60 min	R1 800
	90 min	R2 550
Bellabaci Cupping Full Body Massage	60 min	R1 800
Deep Tissue Massage	60 min	R1 850
	90 min	R2 700
Deeper than Deep Hot Stone Massage	60 min	R1 900
	90 min	R2 800

### LING NY Sensory Massages

LING NY Deep Sleep Wellness Massage	60 min	R1 980
	90 min	R2 800

### Mom-To-Be Massage Therapies

Elemis Peaceful Pregnancy Massage	75 min	R2 140
Soul By Saxon Pregnancy Massage	75 min	R2 250

### Therapies for Men

Men's Executive Package	3 hrs 25min	R4 960
LING NY Charcoal Facial 90 minutes, Deep Tissue Massage 60 minutes, Signature Foot Massage		
Elemis High-Performance Skin Energiser for Men	60 min	R2 000

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## Body Therapies

### Body Scrub Rituals

Elemis Lime and Ginger Scrub	45 min	R1 560
Elemis Frangipani Scrub	45 min	R1 560
Saxon Signature Scrub	30 min	R1 500
Revitalizing Coffee and Rosemary Ritual – NEW	45 min	R1600

### Manicure Bar

Saxon Luxury Manicure	60 min	R670
OPI ProSpa Signature Manicure	60 min	R720
OPI ProSpa Pamper Manicure	90 min	R1 010
Margaret Dabbs Supreme Manicure	60 min	R790
Margaret Dabbs Hand Massage (upgrade only)	30 min	R550
Soak Off	30 min	R230
Gel Paint	30 min	R320
Paraffin Upgrade	15 min	R350

## Pedicure Lounge

Saxon Luxury Pedicure	60 min	R850
OPI ProSpa Signature Pedicure	60 min	R810
OPI ProSpa Pamper Pedicure	90 min	R1 100
Margaret Dabbs Supreme Pedicure	60 min	R990
Margaret Dabbs Foot Massage (upgrade only)	30 min	R590
Soak Off	30 min	R230
Gel Paint	30 min	R320
Saxon Pressure Point Foot Massage	45 min	R1 250

Please note that manicure and pedicure treatments cannot be booked on their own and need to be accompanied by a body or facial treatment.

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