

# SAXON SPA

## SAXON HOTEL VILLAS AND SPA

Welcome to a world of restoration and renewal where every journey is designed to restore balance, soothe the senses, and awaken inner vitality. At the heart of our offering is a commitment to luxurious treatments, results-driven rituals, and expert care using only the finest international product houses.

### EXCLUSIVE SIGNATURE JOURNEYS

Our Signature Journeys are immersive spa experiences combining ancient rituals with modern therapies. These journeys are thoughtfully curated to include combinations of full-body exfoliations, mud wraps, steam rituals, bespoke massages, and wellness add-ons such as sleep therapy or detox lunches. Signature Journeys are ideal for guests seeking deep relaxation or a half-day escape.

### NEW AND HOLISTIC EXPERIENCES

For guests seeking deeper balance and energy realignment, we offer Quantum Harmonics sound journeys and group somatic rituals, blending modern wellness with mindful movement and vibrational therapy. These innovative sessions support emotional detox, cellular regeneration, and inner stillness.

### WELLNESS SPA PACKAGES

These pre-designed packages bring together multiple treatments into a single session of elevated wellness. From full-day face and body rejuvenation to targeted men's grooming or seasonal glow-ups, each package delivers comprehensive care with curated combinations, including facials, massages, manicures, pedicures, and refreshments.

### MOTHER-TO-BE TREATMENTS

Gentle, nurturing, and rich in nutrients, our Mother-To-Be Journeys are safe and specially formulated to support wellbeing during pregnancy. Expectant guests can enjoy scent-sensitive products, omega-rich exfoliations, and bespoke maternity massages designed to ease tension and uplift the spirit.

### MASSAGE AND BODY THERAPIES

From the classic Swedish massage to hot stone rituals and deep tissue relief, our Massage Therapies offer therapeutic, energising, and deeply relaxing options. We also feature a variety of exfoliating body scrubs, body wraps, and detox rituals for enhanced skin vitality.

### FACIAL THERAPIES

We partner with leading skincare houses to offer a diverse range of facials tailored to your skin's unique needs—from hydration and detoxification to anti-aging and stem cell renewal.



## SAXON SIGNATURE JOURNEYS

<b>Revitalising Coffee And Rosemary Hammam Journey</b> Full Body Scrub, Clay Wrap, Back of the Body Massage Package: Saxon Luxury Pedicure and Lunch	1 hr 30 min 3 hr 30 min	R3 300 R4 800
<b>Luxury Soul By Saxon Journey</b> Full Body Scrub, Mud Treatment, Full Body Massage Package: 45-min Pressure Point Foot Massage, Lunch	1 hr 45 min 2 hr 45 min	R3 300 R4 800
<b>Digital Detox Journey</b> Full Body Exfoliation, Deep Tissue Massage with Bellabaci Cupping Package: 45-min Pressure Point Foot Massage, Lunch	1 hr 30 min 2 hr 30 min	R2 600 R4 400
<b>Himalayan Signature Journey</b> Full Body Scrub, Full Body Massage with hot Lava Stones and cold Rose Quartz Package: LING NY Facial, Manicure, Pedicure, Lunch	1 hr 30 min 5 hr 30 min	R2 600 R5 240
<b>Rejuvenation Hammam Journey</b> Full Body Exfoliation, Vichy Shower, Charcoal Mask, Steam, Back of Body Massage Package: 45-min Pressure Point Foot Massage, Lunch, Juice	1 hr 15 min 2 hr 15 min	R2 750 R4 500
<b>Journey To Body Glow Package</b> Body Therapy Scrub, Hot Stone Massage, Classic Facial	2 hr 30 min	R4 900
<b>Journey To Complete Restoration Package</b> Classic Facial, any 60-minute Massage of your choice, Manicure, Pedicure, Lunch	5 hrs	R5 700
<b>Men's Executive Package</b> 90-min LING NY WOW Triple Peel Facial, 60-min Deep Tissue Massage, Pressure Point Foot Massage	3 hr 25 min	R5 500
<b>Hammam Savoir Noir</b> Soap Cleanse, Detoxifying Steam	45 min	R1 600
<b>The Rasul Spa Ritual</b> Self-Application Ritual	30 min	R950

## COUPLES JOURNEYS

<b>Time Together Package</b> 2 Rasul Spa Rituals and any 2 x 60-min massages of your choice	1 hr 30 min	R 5 600
<b>Heaven On Earth Couples Package</b> Classic Facial, any 60-min Massage, Pressure Point Foot Massage, 60-min Heaven on Earth Journey, Sparkling Wine, Lunch for Two	3 hr 30 min	R12 200

## SUBTLE ENERGIES RITUALS

<b>Pearl and Gold</b> 1hr 45 min Pearl Infused Remineralising Body Mask, 60-min 24K Gold Facial, Lunch, Superfood Smoothie	3 hr 30 min	R6 590
<b>Purified to Perfection</b> 90-min Rasayana Detox Wrap, 60-min Wild Kashmir Facial, Lunch, Superfood Smoothie	3 hr 30 min	R6 140

## MOTHER-TO-BE TREATMENTS

<b>Soul By Saxon Mother-To-Be Signature Journey</b> Full Body Exfoliation with New Soul By Saxon Omega Exfoliation, Bespoke designed Mother-To-Be Massage with Mother-To-Be Oil rich in Omega and Vitamin E, Tummy Rub Package: Saxon Luxury Pedicure, Lunch	1 hr 30 min 3 hr 30 min	R2 600 R3 900
<b>ZENTS UNZENTED Mother-To-Be Scent Sensitive Package</b> 90-min unscented ZENTS Pregnancy Massage, 60-min ZENTS SORY Pedicure, Lunch	2 hr 15 min	R4 400
<b>Soul By Saxon Pregnancy Massage</b>	1 hr 15 min	R2 400

## FACIALS

### SUBTLE ENERGY FACIALS

24k Gold Age Defying Facial	1 hr	R2 700
Wild Kashmir Purifying Facial	1 hr	R2 500
Advanced Holistic Biotech Facial	1 hr 30 min	R3 850
Vegan Collagen Facial	1 hr 30 min	R3 600

### LING NY FACIALS

Calming Vitamin K Facial	1 hr	R1 980
Hydra Glow Facial	1 hr 15 min	R2 500
WOW Triple Peel Facial	1 hr 30 min	R2 850
DNA Do Not Age Facial	1 hr 30 min	R2 900

### DR LEVY SWITZERLAND FACIALS

Alpine Repair Facial	1 hr	R2 950
Time Revercell Facial	1 hr	R2 950
Medilux Experience Facial	1 hr 30 min	R3 950
Fire And Snow Glow Facial	1 hr 30 min	R3 950

### BABOR EXPERT SKINCARE FACIALS

DR BABOR Facials	1 hr	R2 000
HSR	1 hr 30 min	R2 500
SEA CREATION	1 hr 30 min	R4 700

### BODY SCRUBS

Soul By Saxon Signature Moringa Scrub, Citrus Scrub or Himalayan Scrub	30 min	R1 600
Soul By Saxon Revitalising Coffee and Rosemary Scrub	45 min	R1 700

### SPECIALISED BODY RITUALS

Subtle Energies Rasayana Detox Body Wrap Ritual	1 hr 5 min	R3 700
Subtle Energies Pearl Infused Remineralising Body Ritual	1 hr 30 min	R3 800
ZENTS Nourish by Nature Ritual	1 hr 30 min	R2 900
BABOR Grounding Signature Soul & Body Journey	2 hrs	R3 150

## MASSAGE THERAPIES

Classic Swedish Massage	1 hr	R1 900
	1 hr 30 min	R2 500
Aroma Hot Stone Massage	1 hr	R2 000
	1 hr 30 min	R2 700
Aromatherapy Massage	1 hr	R2 000
	1 hr 30 min	R2 700
Deep Tissue Massage	1 hr	R2 150
	1 hr 30 min	R2 700
Deeper Than Deep Hot Stone Massage	1 hr	R2 000
	1 hr 30 min	R2 950
Bellabacci Cupping Full Body Massage	1 hr	R1 900
LING NY Deep Sleep Wellness Massage	1 hr	R2 000
	1 hr 30 min	R2 800

### NEW MASSAGE THERAPIES

ZENTS Oplulant Organic Massage	1 hr	R1 950
	1 hr 30 min	R2 650
ZENTS Mandarin Muscle Melt Massage	1 hr	R1 950
	1 hr 30 min	R2 650
ZENTS Scent Sensitive – Gentle and Pure Massage	1 hr	R1 950
	1 hr 30 min	R2 650

## MANICURE BAR

Saxon Luxury Manicure	1 hr	R690
OPI Pro Spa Manicure	1 hr	R720
OPI Pro Spa Pamper Manicure	1 hr 30	R850
ZENTS SORY Manicure	1 hr	R790
Soak Off	30 min	R230
Gel Paint	30 min	R320
Paraffin Upgrade	15 min	R350

## PEDICURE BAR

Saxon Luxury Pedicure	1 hr	R870
OPI Pro Spa Signature Pedicure	1 hr	R890
OPI ProSpa Pamper Pedicure	1 hr 30 min	R950
ZENTS SORY Pedicure	1 hr	R900
Soak Off	30 min	R230
Gel Paint	30 min	R320
Paraffin Upgrade	15 min	R350
Saxon Pressure Point Foot Massage	45 min	R1 300

## SPA ETIQUETTE

### PRE-BOOKING

Pre-booking is essential in planning your perfect spa day. Please speak to one of our spa consultants to assist you in planning your memorable spa day. To optimise your spa experience with us, please fill in your consultation card prior to arrival by following the link on your confirmation email.

### ON ARRIVAL

On your arrival at the Saxon Spa, you will be issued with a locker and a luxury velour robe, slippers and amenities. Upon opening your locker, you will immediately be immersed in the beautiful scent of our Saxon Signature Fragrance, which will be the start of your revitalising Saxon Spa journey. If you have not filled in your electronic Guest Consultation Card online, you will be requested to fill it in on your arrival.

Please remember to bring an appropriate swim suits with you to make use of the use of the facilities, please note that our hydro facilities are unisex.

### PRE-TREATMENT

Please arrive at least one hour prior to your treatment time to enjoy the state-of-the-art facilities provided. We recommend that you make use of our spa facilities prior to the start of your treatments. This ensures that the products are absorbed in your skin after the treatment. Start your spa journey with 10 minutes relaxing in the heated, indoor Jacuzzi pool. Begin your treatment journey with a 10 minute steam or sauna, before moving to the flotation therapy to start your ultimate relaxation experience. You can then proceed to the waiting area on the upper level to await your therapist who will guide you to your treatment room.

### POST TREATMENT

Unwind and re-awaken your body and mind after your treatment therapy in the silent area for five minutes, where you will be offered a healing tea specially selected to complement your treatment experience. You can then proceed to the main spa facilities where you can enjoy a meal from our Spa menu. Finally, spend some time enjoying our relaxation area, where you can spend some quiet time reading a book or bonding with your partner or friend. Spa facilities not available for single serviced manicure, pedicure and Rasual treatment bookings.

## GIFTING


A generous variety of gifts are available from our online store, should you wish to treat a special someone. A Saxon Spa retreat makes the most sought-after gift. Saxon Spa gift vouchers are available and can be chosen and customised to the individual.


## SPA CONSIDERATION

Please remember that the Saxon Spa is a restful place of peace and tranquillity. We therefore advise that you leave your cell phone and/or any other electronic devices in your locker to enhance your experience. To protect and respect the right to privacy of our guests, photography and videography will be monitored and will be limited at the discretion of the Saxon Spa. Please remember to be conscious and considerate of the other guests and their relaxation experience.

## OUR PRODUCT PARTNERS


We proudly work with world-renowned spa brands, each chosen for their efficacy, purity, and luxury. We also select treatments and products that are exclusive to guests of Saxon Spa.


 **BABOR** | Precision formulas offering high-performance solutions for pigmentation, elasticity, and skin regeneration.

 **Dr. LEVY Switzerland** | Groundbreaking stem cell technology clinically proven to address signs of aging at the cellular level.

**LING New York** | Hydration-focused skincare blending Eastern wisdom and Western science to soothe sensitivity and restore balance.

**Soul by Saxon** | Our signature line, handcrafted with African botanicals to nourish, protect, and rejuvenate.

 **Subtle Energies** | Ayurvedic aromatherapy from Australia, targeting stress, fatigue, and hormonal imbalances.

 **ZENTS** | Organic and hypoallergenic, ideal for sensitive skin and those seeking ultra-gentle, restorative care.

 New product partners



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