

# SAXON SPA

## SAXON HOTEL VILLAS AND SPA

Welcome to a world of restoration and renewal where every journey is designed to restore balance, soothe the senses, and awaken inner vitality. At the heart of our offering is a commitment to luxurious treatments, results-driven rituals, and expert care using only the finest international product houses.

### EXCLUSIVE SIGNATURE JOURNEYS

Our Signature Journeys are immersive spa experiences combining ancient rituals with modern therapies. These journeys are thoughtfully curated to include combinations of full-body exfoliations, mud wraps, steam rituals, bespoke massages, and wellness add-ons such as sleep therapy or detox lunches. Signature Journeys are ideal for guests seeking deep relaxation or a half-day escape.

### NEW AND HOLISTIC EXPERIENCES

For guests seeking deeper balance and energy realignment, we offer Quantum Harmonics sound journeys and group somatic rituals, blending modern wellness with mindful movement and vibrational therapy. These innovative sessions support emotional detox, cellular regeneration, and inner stillness.

### WELLNESS SPA PACKAGES

These pre-designed packages bring together multiple treatments into a single session of elevated wellness. From full-day face and body rejuvenation to targeted men's grooming or seasonal glow-ups, each package delivers comprehensive care with curated combinations, including facials, massages, manicures, pedicures, and refreshments.

### MOTHER-TO-BE TREATMENTS

Gentle, nurturing, and rich in nutrients, our Mother-To-Be Journeys are safe and specially formulated to support wellbeing during pregnancy. Expectant guests can enjoy scent-sensitive products, omega-rich exfoliations, and bespoke maternity massages designed to ease tension and uplift the spirit.

### MASSAGE AND BODY THERAPIES

From the classic Swedish massage to hot stone rituals and deep tissue relief, our Massage Therapies offer therapeutic, energising, and deeply relaxing options. We also feature a variety of exfoliating body scrubs, body wraps, and detox rituals for enhanced skin vitality.

### FACIAL THERAPIES

We partner with leading skincare houses to offer a diverse range of facials tailored to your skin's unique needs—from hydration and detoxification to anti-aging and stem cell renewal.



## SAXON SIGNATURE JOURNEYS

|  |                            |                  |
|--|----------------------------|------------------|
| <b>Sound and Somatic Journey</b><br>Signature Sound Therapy with Reiki and Kinesiology   | 1 hr 30 min                | R2 500           |
| <b>Revitalising Coffee And Rosemary Hammam Journey</b><br>Full Body Scrub, Clay Wrap, Back of the Body Massage<br>Package: Saxon Luxury Pedicure and Lunch               | 1 hr 30 min<br>3 hr 30 min | R3 300<br>R4 800 |
| <b>Luxury Soul By Saxon Journey</b><br>Full Body Scrub, Mud Treatment, Full Body Massage<br>Package: 60-min Sleep Therapy, Lunch   | 1 hr 45 min<br>3 hr 30 min | R3 300<br>R4 800 |
| <b>Digital Detox Journey</b><br>Full Body Exfoliation, Deep Tissue Massage with Bellabaci Cupping<br>Package: 60-min Sleep Therapy, Lunch                                | 1 hr 30 min<br>2 hr 30 min | R2 600<br>R4 400 |
| <b>Himalayan Signature Journey</b><br>Full Body Scrub, Full Body Massage with hot Lava Stones and cold Rose Quartz<br>Package: LING NY Facial, Manicure, Pedicure, Lunch | 1 hr 30 min<br>5 hr 30 min | R2 600<br>R6 200 |
| <b>Rejuvenation Hammam Journey</b><br>Full Body Exfoliation, Vichy Shower, Charcoal Mask, Steam, Back of Body Massage<br>Package: 60-min Sleep Therapy, Lunch, Juice     | 1 hr 15 min<br>2 hr 15 min | R2 750<br>R4 500 |
| <b>Journey To Body Glow Package</b><br>Body Therapy Scrub, Hot Stone Massage, Classic Facial   | 2 hr 30 min                | R4 900           |
| <b>Journey To Complete Restoration Package</b><br>Classic Facial, any 60-minute Massage of your choice, Manicure, Pedicure, Lunch  | 5 hrs                      | R5 700           |
| <b>Men's Executive Package</b><br>90-min LING NY WOW Triple Peel Facial, 60-min Deep Tissue Massage, Pressure Point Foot Massage   | 3 hr 25 min                | R5 500           |
| <b>Hammam Savoir Noir</b><br>Soap Cleanse, Detoxifying Steam   | 45 min                     | R1 600           |
| <b>The Rasul Spa Ritual</b><br>Self-Application Ritual   | 30 min                     | R950             |
| <b>Sleep Therapy</b>   | 60 min                     | R1 160           |

## COUPLES JOURNEYS

|  |             |         |
|--|-------------|---------|
| <b>Time Together Package</b><br>2 Rasul Spa Rituals and any 2 x 60-min massages of your choice   | 1 hr 30 min | R 5 600 |
| <b>Heaven On Earth Couples Package</b><br>Classic Facial, any 60-min Massage, Pressure Point Foot Massage, 60-min Heaven on Earth Journey, Sparkling Wine, Lunch for Two | 3 hr 30 min | R12 200 |

## SUBTLE ENERGIES RITUALS

|   |             |        |
|---|-------------|--------|
| <b>Pearl and Gold</b><br>1hr 45 min Pearl Infused Remineralising Body Mask, 60-min 24K Gold Facial, Lunch, Superfood Smoothie | 3 hr 30 min | R6 590 |
| <b>Purified to Perfection</b><br>90-min Rasayana Detox Wrap, 60-min Wild Kashmir Facial, Lunch, Superfood Smoothie            | 3 hr 30 min | R6 140 |

## MOTHER-TO-BE TREATMENTS

|  |                            |                  |
|--|----------------------------|------------------|
| <b>Soul By Saxon Mother-To-Be Signature Journey</b><br>Full Body Exfoliation with New Soul By Saxon Omega Exfoliation, Bespoke designed Mother-To-Be Massage with Mother-To-Be Oil rich in Omega and Vitamin E, Tummy Rub<br>Package: Saxon Luxury Pedicure, Lunch | 1 hr 30 min<br>3 hr 30 min | R2 600<br>R3 900 |
| <b>ZENTS UNZENTED Mother-To-Be Scent Sensitive Package</b><br>90-min unscented ZENTS Pregnancy Massage, 60-min ZENTS SORY Pedicure, Lunch  | 2 hr 15 min                | R4 400           |
| <b>Soul By Saxon Pregnancy Massage</b>   | 1 hr 15 min                | R2 400           |

## FACIALS

### SUBTLE ENERGY FACIALS

|                                  |             |        |
|----------------------------------|-------------|--------|
| 24k Gold Age Defying Facial      | 1 hr        | R2 700 |
| Wild Kashmir Purifying Facial    | 1 hr        | R2 500 |
| Advanced Holistic Biotech Facial | 1 hr 30 min | R3 850 |
| Vegan Collagen Facial            | 1 hr 30 min | R3 600 |

### LING NY FACIALS

|                          |             |        |
|--------------------------|-------------|--------|
| Calming Vitamin K Facial | 1 hr        | R1 980 |
| Hydra Glow Facial        | 1 hr 15 min | R2 500 |
| WOW Triple Peel Facial   | 1 hr 30 min | R2 850 |
| DNA Do Not Age Facial    | 1 hr 30 min | R2 900 |

### DR LEVY SWITZERLAND FACIALS

|                           |             |        |
|---------------------------|-------------|--------|
| Alpine Repair Facial      | 1 hr        | R2 950 |
| Time Revercell Facial     | 1 hr        | R2 950 |
| Medilux Experience Facial | 1 hr 30 min | R3 950 |
| Fire And Snow Glow Facial | 1 hr 30 min | R3 950 |

### BABOR EXPERT SKINCARE FACIALS

|                  |             |        |
|------------------|-------------|--------|
| DR BABOR Facials | 1 hr        | R2 000 |
| HSR              | 1 hr 30 min | R2 500 |
| SEA CREATION     | 1 hr 30 min | R4 700 |

### BODY SCRUBS

|  |        |        |
|--|--------|--------|
| Soul By Saxon Signature Moringa Scrub, Citrus Scrub or Himalayan Scrub | 30 min | R1 600 |
| Soul By Saxon Revitalising Coffee and Rosemary Scrub                   | 45 min | R1 700 |

### SPECIALISED BODY RITUALS

|  |             |        |
|--|-------------|--------|
| Subtle Energies Rasayana Detox Body Wrap Ritual          | 1 hr 5 min  | R3 700 |
| Subtle Energies Pearl Infused Remineralising Body Ritual | 1 hr 30 min | R3 800 |
| ZENTS Nourish by Nature Ritual                           | 1 hr 30 min | R2 900 |
| BABOR Grounding Signature Soul & Body Journey            | 2 hrs       | R3 150 |

## MASSAGE THERAPIES

|                                      |             |        |
|--------------------------------------|-------------|--------|
| Classic Swedish Massage              | 1 hr        | R1 900 |
|                                      | 1 hr 30 min | R2 500 |
| Aroma Hot Stone Massage              | 1 hr        | R2 000 |
|                                      | 1 hr 30 min | R2 700 |
| Aromatherapy Massage                 | 1 hr        | R2 000 |
|                                      | 1 hr 30 min | R2 700 |
| Deep Tissue Massage                  | 1 hr        | R2 150 |
|                                      | 1 hr 30 min | R2 700 |
| Deeper Than Deep Hot Stone Massage   | 1 hr        | R2 150 |
|                                      | 1 hr 30 min | R2 950 |
| Bellabacci Cupping Full Body Massage | 1 hr        | R1 980 |
| LING NY Deep Sleep Wellness Massage  | 1 hr        | R2 000 |
|                                      | 1 hr 30 min | R2 800 |

### NEW MASSAGE THERAPIES

|   |             |        |
|---|-------------|--------|
| ZENTS Oplulant Organic Massage                  | 1 hr        | R1 950 |
|   | 1 hr 30 min | R2 650 |
| ZENTS Mandarin Muscle Melt Massage              | 1 hr        | R1 950 |
|   | 1 hr 30 min | R2 650 |
| ZENTS Scent Sensitive – Gentle and Pure Massage | 1 hr        | R1 950 |
|   | 1 hr 30 min | R2 650 |

## MANICURE BAR

|                             |         |      |
|-----------------------------|---------|------|
| Saxon Luxury Manicure       | 1 hr    | R690 |
| OPI Pro Spa Manicure        | 1 hr    | R720 |
| OPI Pro Spa Pamper Manicure | 1 hr 30 | R850 |
| ZENTS SORY Manicure         | 1 hr    | R790 |
| Soak Off                    | 30 min  | R230 |
| Gel Paint                   | 30 min  | R320 |
| Paraffin Upgrade            | 15 min  | R350 |

## PEDICURE BAR

|                                   |             |        |
|-----------------------------------|-------------|--------|
| Saxon Luxury Pedicure             | 1 hr        | R870   |
| OPI Pro Spa Signature Pedicure    | 1 hr        | R890   |
| OPI ProSpa Pamper Pedicure        | 1 hr 30 min | R950   |
| ZENTS SORY Pedicure               | 1 hr        | R900   |
| Soak Off                          | 30 min      | R230   |
| Gel Paint                         | 30 min      | R320   |
| Paraffin Upgrade                  | 15 min      | R350   |
| Saxon Pressure Point Foot Massage | 45 min      | R1 300 |

## SPA ETIQUETTE

### PRE-BOOKING

Pre-booking is essential in planning your perfect spa day. Please speak to one of our spa consultants to assist you in planning your memorable spa day. To optimise your spa experience with us, please fill in your consultation card prior to arrival by following the link on your confirmation email.

### ON ARRIVAL

On your arrival at the Saxon Spa, you will be issued with a locker and a luxury velour robe, slippers and amenities. Upon opening your locker, you will immediately be immersed in the beautiful scent of our Saxon Signature Fragrance, which will be the start of your revitalising Saxon Spa journey. If you have not filled in your electronic Guest Consultation Card online, you will be requested to fill it in on your arrival.

Please remember to bring an appropriate swim suits with you to make use of the use of the facilities, please note that our hydro facilities are unisex.

### PRE-TREATMENT

Please arrive at least one hour prior to your treatment time to enjoy the state-of-the-art facilities provided. We recommend that you make use of our spa facilities prior to the start of your treatments. This ensures that the products are absorbed in your skin after the treatment. Start your spa journey with 10 minutes relaxing in the heated, indoor Jacuzzi pool. Begin your treatment journey with a 10 minute steam or sauna, before moving to the flotation therapy to start your ultimate relaxation experience. You can then proceed to the waiting area on the upper level to await your therapist who will guide you to your treatment room.

### POST TREATMENT

Unwind and re-awaken your body and mind after your treatment therapy in the silent area for five minutes, where you will be offered a healing tea specially selected to complement your treatment experience. You can then proceed to the main spa facilities where you can enjoy a meal from our Spa menu. Finally, spend some time enjoying our relaxation area, where you can spend some quiet time reading a book or bonding with your partner or friend. Spa facilities not available for single serviced manicure, pedicure and Rasual treatment bookings.

## GIFTING


A generous variety of gifts are available from our online store, should you wish to treat a special someone. A Saxon Spa retreat makes the most sought-after gift. Saxon Spa gift vouchers are available and can be chosen and customised to the individual.


## SPA CONSIDERATION

Please remember that the Saxon Spa is a restful place of peace and tranquillity. We therefore advise that you leave your cell phone and/or any other electronic devices in your locker to enhance your experience. To protect and respect the right to privacy of our guests, photography and videography will be monitored and will be limited at the discretion of the Saxon Spa. Please remember to be conscious and considerate of the other guests and their relaxation experience.

## OUR PRODUCT PARTNERS


We proudly work with world-renowned spa brands, each chosen for their efficacy, purity, and luxury. We also select treatments and products that are exclusive to guests of Saxon Spa.


 **BABOR** | Precision formulas offering high-performance solutions for pigmentation, elasticity, and skin regeneration.

 **Dr. LEVY Switzerland** | Groundbreaking stem cell technology clinically proven to address signs of aging at the cellular level.

**LING New York** | Hydration-focused skincare blending Eastern wisdom and Western science to soothe sensitivity and restore balance.

**Soul by Saxon** | Our signature line, handcrafted with African botanicals to nourish, protect, and rejuvenate.

 **Subtle Energies** | Ayurvedic aromatherapy from Australia, targeting stress, fatigue, and hormonal imbalances.

 **ZENTS** | Organic and hypoallergenic, ideal for sensitive skin and those seeking ultra-gentle, restorative care.

 New product partners



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